



**Arkansas Dental Health
& TMJ Therapy Center**

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**Mrs. Nell Cochran
Ward, Arkansas**



“Choosing to have TMJ therapy is one of the best things I have done for myself in a long time.”

My name is Nell Cochran and I have been receiving TMJ therapy for approximately six weeks. I had numerous reasons for seeking treatment but one of the most troubling was the loud pop my jaw would make when I opened my mouth wide. I was uncomfortable when I tried to sleep at night and I experienced a great deal of dizziness and headaches. Now all of my symptoms are better, especially my sleeping; it is wonderful to be able to sleep soundly. The improved sleep has increased my energy level. Deciding to undergo treatment at Arkansas Dental Health and TMJ Therapy Center has been one of the best things I have done for myself in a long time.