



Arkansas Dental Health & TMJ Therapy Center

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Shari Davis

My name is Shari Davis and I grew up in the central Arkansas area. I have struggled with TMJ disorder most all of my life. When I was a senior in college I was put into braces to try and relieve some of my pain. The treatment was expected to fix my TMJ symptoms but they reappeared shortly after the braces were removed. At that point I just assumed the pain was something I would have to deal with the rest of my life. A few years later I started having dizziness, what was strange about the dizziness was that it would occur when I would eat. I saw several ENT's who would tell me that I was suffering from inner ear problems only to later determine my inner ears were fine. Finally after three ENT's and two general practitioners I was referred to Arkansas Dental Health and TMJ Therapy Center. I was so frustrated by the time I got here I was ready to let them do anything to give me relief! The interesting thing is I did not realize the pain I had suffered until it was gone. Dr. Beavers was diligent about asking me how much pain I was in. I came in and got my first splint and my pain disappeared in about four days. I had not noticed how much the splint helped until I ground it down and my pain came back. I have now been in treatment for about one year and now I'm in phase two with my braces. I cannot emphasize enough how much TMJ symptoms can affect the rest of your body.