



Arkansas Dental Health & TMJ Therapy Center

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ELIZABETH DIXON

I have been treated for TMJ disorder for over six years. I had a continuous popping in both jaw sockets prior to beginning my treatment. I also suffered with pain in my jaws, ears and cheek bones.

The TMJ therapy I have received from Arkansas Dental Health and TMJ Therapy Center has helped tremendously. I rarely have any popping in my jaws and the jaw and ear pain occur infrequently. My therapy includes alternating between an upper splint and a lower splint. The splints help align my jaw which alleviates my symptoms. I return to Arkansas Dental Health and TMJ Therapy Center on a recurring basis to ensure my splints are still in alignment. I am periodically evaluated to see if I need additional treatment.

The TMJ therapy I have received has improved my overall sense of well-being and day-to-day quality of life.