



Arkansas Dental Health & TMJ Therapy Center

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DEBRA-ANN OWENS

By the time I was five years old it was obvious that I had an under bite. When I was eight years old I was taken to a pediatric dentist who put me in various oral appliances to try to correct the bite. My parents realized that despite his efforts my bite was becoming worse.

I was then taken to another dentist who continued treatment with retainers and oral appliances. After many appointments and a great deal of money my parents decided my bite was as good as it was going to get.

When I became an adult, I remember asking my dentist, at the time, "Can you do anything to correct my cross-bite?" He quickly replied, "The only thing that would correct the problem you have would be to have surgery." I remember leaving his office thinking, I wonder if that is true.

I began doing some marketing projects for Dr. Beavers in February of 2008. I was genuinely awestruck at the patient's admiration for him as each would tell their story of how dedicated he was at helping them become free of TMJ pain. I knew that he could probably help with my cross-bite but having recently suffered the loss of my husband I put that on the back burner.

On May 21, 2008 I awakened to excruciating pain in my jaw and my teeth were so sore I could hardly stand for them to touch. My face was swollen so much that I did not even have a jaw-line. My mother had a fit when she saw me and encouraged me to call Dr. Beavers. I called and his efficient, caring staff told me to come on in for an evaluation. Dr. Beavers took one look at me and knew immediately what was wrong. I had been grinding my teeth, probably due to the stress in my life, and I was suffering from TMJ disorder. I was fitted with an emergency splint and told to come back that afternoon for my permanent splint. I could not believe that in just two days the swelling was gone and the pain had diminished to practically nothing. I was just fitted today with my upper splint to wear at night. I am amazed at how different my bite already appears and how much better I feel. I worked for a chiropractor for fifteen years and suffered from headaches and neck pain never realizing my bite played such an important role in my overall health. I wake up feeling so much better and I am only in Phase 1 of my treatment. Thank you Dr. Beavers for the care you provide for so many suffering from TMJ disorder. Your dedication is unmatched!