



## Arkansas Dental Health & TMJ Therapy Center

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**PAMELA SPENCER**

*"I experienced results from TMJ therapy beginning Day 1"*

My name is Pamela Spencer and my occupation is in diagnostic medical sonography. I have suffered from TMJ disorder for several years and it is my belief that this condition should be recognized as a medical condition. I suffered from severe headaches, pain in my neck, jaw soreness, ringing in my ears and dizziness. My jaw would constantly pop and the pain and discomfort that I endured, on a daily basis, became unbearable.

I first sought treatment for my TMJ discomfort at a facility in Little Rock. The therapy I received seemed more for treating the muscles of the jaw, not the underlying problem. The popping of my jaw was not addressed with splint therapy and after three months of treatment I was released and told to contact an orthodontist for realignment. I began my search for an orthodontist with an interest in TMJ therapy.

I was fortunate to find Dr. Beavers and blessed to have had relief from my symptoms since Day 1. I was amazed that the popping in my jaw was gone instantly with the use of a splint. I am now completely pain free. The first week I noticed improvements with my headaches, and within three weeks I was free of all my TMJ symptoms. I believe that TMJ disorder should be recognized as a medical disorder. My results lead me to think that inclusion of TMJ therapy in insurance coverage would be of great benefit to insurance carriers. Proper diagnosis of the condition and public education could lead to reduce medical cost.